

# BEAT THE QUAKE!

## Steps to Earthquake Safety



### **DROP, COVER, and HOLD** during an earthquake.

Identify safety spots at home and work  
Don't panic and run; stay inside



### **Identify and secure or relocate shaking hazards.**

Bookcases, heavy objects on shelves, mirrors, computers, water heaters  
Secure, relocate, replace, or remove dangerous and valuable objects



### **Prepare an emergency safety kit.**

Flashlight, first aid kit, water,  
non-perishable food, blanket



### **Make an earthquake plan.**

Family meeting plans,  
out-of-town telephone contact



### **Work on long-term earthquake fixes.**

Bolt house to foundation  
Brace weak walls and cripple walls



### **Get earthquake information.**

visit an earthquake safety web site, [www.seismo.unr.edu](http://www.seismo.unr.edu)  
and "Living with Earthquakes in Nevada," [www.nbmng.unr.edu](http://www.nbmng.unr.edu)

