BEAT THE QUAKE!

Steps to Earthquake Safety

- **DROP, COVER, and HOLD** during an earthquake.
  - Identify safety spots at home and work
  - Don’t panic and run; stay inside

- **Identify and secure or relocate shaking hazards.**
  - Bookcases, heavy objects on shelves, mirrors, computers, water heaters
  - Secure, relocate, replace, or remove dangerous and valuable objects

- **Prepare an emergency safety kit.**
  - Flashlight, first aid kit, water,
  - non-perishable food, blanket

- **Make an earthquake plan.**
  - Family meeting plans,
  - out-of-town telephone contact

- **Work on long-term earthquake fixes.**
  - Bolt house to foundation
  - Brace weak walls and cripple walls

- **Get earthquake information.**
  - visit an earthquake safety web site, [www.seismo.unr.edu](http://www.seismo.unr.edu)
  - and "Living with Earthquakes in Nevada," [www.nbmg.unr.edu](http://www.nbmg.unr.edu)